HOW to SUPPORT a SURVIVOR of sexual violence

A SUPPORT PERSON SHOULD
• Use active listening
• Show respect
• Be patient
• Accept it as truth
• Don’t judge
• Validate

QUESTIONS TO ASK YOURSELF BEFORE YOU ACT
• Did the survivor ask for help?
• Are you respecting the survivor’s right to choose?
• Are you breaking the survivor’s trust?
• Are you respecting the survivor’s privacy?

WE’RE HERE FOR YOU.

GEORGIAN RESOURCES
• Counselling Services: 877.722.1523
• Nurse Practitioner-led Clinic (Barrie): 705.722.1581
• Campus Security 24-hour line: 705.722.5100

24/7 COMMUNITY RESOURCES
• Good2Talk support line: 866.925.5454
• Athena’s Sexual Assault Counselling and Advocacy line: 800.987.0799

WHO IS A SUPPORT PERSON?
• FRIEND
• FAMILY MEMBER
• STAFF OR FACULTY MEMBER
• MEDICAL PRACTITIONER
• COUNSELLOR
• FAITH WORKER
• EMPLOYER OR COLLEAGUE

APPARENTLY

of reported sexual assaults are committed by someone known to the survivor, including friends, family members, acquaintances, dating partners, and common-law or married partners.

82%

ONLY YES = CONSENT

Georgian will respect the confidentiality of all involved, including yours as a support person.