

# HOW to SUPPORT a SURVIVOR of sexual violence

APPROXIMATELY

82%

of reported sexual assaults are committed by someone known to the survivor, including friends, family members, acquaintances, dating partners, and common-law or married partners.

## A SUPPORT PERSON SHOULD

- Use active listening
- Show respect
- Be patient
- Accept it as truth
- Don't judge
- Validate

## QUESTIONS TO ASK YOURSELF BEFORE YOU ACT

- Did the survivor ask for help?
- Are you respecting the survivor's right to choose?
- Are you breaking the survivor's trust?
- Are you respecting the survivor's privacy?

## WE'RE HERE FOR YOU.

### GEORGIAN RESOURCES

- Counselling Services: **705.722.1523**
- Nurse Practitioner-led Clinic (Barrie): **705.722.1581**
- Campus Security 24-hour line: **705.722.5100**

### 24/7 COMMUNITY RESOURCES

- Good2Talk support line: **866.925.5454**
- Athena's Sexual Assault Counselling and Advocacy line: **800.987.0799**

## WHO IS A SUPPORT PERSON?

FRIEND



FAMILY MEMBER



STAFF OR FACULTY MEMBER



MEDICAL PRACTITIONER



COUNSELLOR



FAITH WORKER



EMPLOYER OR COLLEAGUE



**ONLY YES = CONSENT**

Georgian will respect the confidentiality of all involved, including yours as a support person.