

Specialty cold drinks



home of
fresh, quality food
& beverage

Real Fruit Smoothies

Berry Blast

Raspberries, strawberries, blueberries, cranberry juice, orange juice 4.87

Strawberry Banana

Strawberries, bananas, cranberry juice, orange juice 4.87

Peach Mango Tango

Peach, mango, orange juice, pineapple juice 4.87

Chocolate Banana

Bananas, chocolate milk, chocolate syrup 4.87

Tropical Treat

Bananas, mango, raspberries, pineapple juice 4.87

Green Goddess

Mango, cucumber, spinach, ginger, honey, coconut milk 5.31

Add protein to any smoothie 1.50

Iced Drinks

Iced Coffee 3.33

Iced Tea (Berry & Citrus) 3.33

Iced Caramel Macchiato 4.42

Hot Chocolate Iced Latte 4.87

Mocha Iced Latte 4.96

Juice

Orange Juice

Apple Juice

Cranberry Juice

5 Alive

Lemonade

Nestea

1.42 - 2.65

Water

Dasani Water 2.21

Smart Water 3.10

Vitamin Water 3.10

Milk

White Milk 2.65

Chocolate Milk 2.65

Pop

Coke

Diet Coke

Coke Zero

Sprite

Gingerale

Barqs

1.42 - 2.43

Energy Drinks

Monster 3.54

All day breakfast

Ask for
Egg Whites
only!

Western Sandwich

Egg with your choice of ham, turkey, bacon, sausage or falafel then stuffed with red onion, green & red pepper, ham, cheese & veggies 6.99

Breakfast Sandwich

Egg & cheese with veggies & your choice of ham, turkey, bacon, sausage or falafel 6.89

Yogurt Parfait

Vanilla yogurt topped with fresh berries & granola 4.79



bagels

With your choice of:

Butter 2.00	Cream Cheese 2.95
Cheese 2.95	PB & Jam 2.95

NOW

serving

Check out today's feature bagel!

Veggies and Dip 3.99 ♥

Whole Fruit 1.09

Muffin 1.85

Cookie 1.15

Specialty Square 2.79

Butter Tart 2.19

GF Brownie 2.99

Feature Loaf 2.99

Cake 5.49

Hash Brown 1.50

Quiche 3.49

Samosa 2.99

Chips 1.29

snacks
and
sweets

salads

House Salad 5.99 ♥ | Chicken Caesar Salad 8.99 | Fruit Salad 3.99 ♥

Quinoa Salad ♥

Quinoa with chickpeas, cucumbers, tomatoes & parsley tossed in a balsamic dressing 3.99

Greek Pasta Salad

Pasta with green peppers, red onions, black olives & cherry tomatoes tossed in a Greek feta dressing topped with feta cheese 3.99

Featured Salad

Ask our staff for today's feature salad 3.99

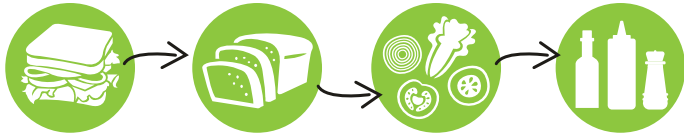
Let's get
social!



@thelastclass

*Plus applicable taxes.

Create your own sandwich



- 1 Choose your sandwich from the list below
- 2 Choose your bread, bagel or wrap
- 3 Choose your four veggies
- 4 Choose your sauce

Crispy Chicken

Breaded Chicken
Cheese
7.99

Crispy Chicken & Bacon

Crispy Chicken
Bacon
Cheese
8.99

Grilled Chicken

Grilled Chicken Breast
Cheese
8.09

Grilled Chicken & Bacon

Grilled Chicken Breast
Bacon
Cheese
9.29

Falafel

Cheese
7.29

Grilled Cheese

Cheese
4.49

The First Class Club

Ham
Turkey
Bacon
Cheese
9.49

Vegetarian

Cheese
6.29

Ham

Ham
Cheese
6.79

Turkey

Turkey
Cheese
7.29

Bacon

Bacon
Cheese
6.79

Chicken Parm Panini

Breaded Chicken
Tomato Sauce
Mozzarella & Parmesan
Cheese
Grilled Ciabatta Bun
8.49

CHEF'S PICK



\$3.52

Made fresh daily

soup of the day

*Plus applicable taxes.

café
the first class

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Hot drinks

Monthly Features - Ask our staff!

Hot Drinks

French Vanilla
2.14, 2.38, 2.62

Hot Apple Cider
1.92, 2.21, 2.50

Café Mocha
2.62, 2.86, 3.10

Espresso
2.57, 2.76

Americano
2.33

Caramel Macchiato
4.64, 5.53, 5.97

London Fog
4.42, 5.09, 5.53

Autumn Fog
4.42, 5.09, 5.53

Hot Chocolate
1.73, 1.92, 2.12

White Hot Chocolate
2.14, 2.48, 2.62

Latte
4.42, 5.09, 5.53

Red Eye
2.62, 2.86, 3.10

Coffee

Dark Roast
Dark Roast Decaf
Organic Sierra Verde
Featured Flavour
1.66, 1.90, 2.14

Loose Leaf Tea

African Nectar (Organic)
Bombay Chai
Ginger Twist
Vanilla Bean
2.14, 2.33, 2.52

Tea

Orange Pekoe Decaf
Red Rose Orange Pekoe
1.67, 1.85, 2.00

Specialty Tea

Chai
Earl Grey
English Breakfast
Green
Peppermint
Pomegranate Green
1.81, 2.00, 2.14

Flavour Shot

Chai Tea Spice
Chocolate Milano
Irish Cream
Peppermint
Sugar Free Caramel
Sugar Free Hazelnut
Sugar Free Vanilla
Vanilla Bean
Specialty
0.50