

## PRACTICAL NURSING

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### Program Outline

<b>Major:</b>	PNRS
<b>Length:</b>	2.5 Years
<b>Delivery:</b>	5 Semesters
<b>Credential:</b>	Ontario College Diploma
<b>Effective:</b>	2017-2018
<b>Location:</b>	Barrie, Orangeville, Owen Sound
<b>Start:</b>	Fall (Barrie, Owen Sound), Winter (Barrie, Orangeville, Owen Sound)

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### Description

The Georgian College Nursing Program philosophy and curriculum incorporate and utilize the concepts of caring as the basis of nursing practice. The students and faculty work together to explore nursing knowledge and caring theory. In the classroom, students in collaborative groups, work through learning activities and focus on the lived experiences of individuals, families, and groups. Knowledge from the program courses is integrated into the care of clients, families, and groups in a variety of settings.

In order to provide quality practicum placements, students will be placed in a variety of agencies in the region serviced by the campus. Students are required to provide their own transportation.

### Career Opportunities

The graduate may find employment opportunities in general hospitals, special hospitals, nursing homes, homes for the aged, clinics or community health services.

### Program Learning Outcomes

The graduate has reliably demonstrated the ability to:

- care for populations including persons, families, and groups from a variety of cultures, by establishing caring relationships that foster trust, respect, collaboration and empowerment;
- promote health and healing for persons in situations with varying levels of complexity acting independently and in consultation with client, family and health team;
- practice nursing based on the concept of praxis (praxis refers to how theoretical knowledge and the practice of nursing inform and shape each other and are guided by the morality of caring);
- function effectively in the practical nurse's unique role as a member within the multi-disciplinary team;
- apply generic skills for life-long learning and for personal and professional growth;
- provide safe, effective and ethical nursing care that meets the current Professional Standards for Registered Nurses and Registered Practical Nurses in Ontario;
- participate in society as an informed citizen and pursue an enriched personal and professional life;
- develop social entrepreneur skills to foster positive social change in the community while being environmentally sensitive.

### **External Recognition:**

Upon graduation from this program you will be recommended to the College of Nurses to write the registration examinations. Successful completion of these examinations and compliance with the Regulated Health Professions Act will entitle you to become a Registered Practical Nurse and thus a member of the College of Nurses of Ontario. Please note: The College of Nurses of Ontario (CNO), the body responsible for regulating nursing in Ontario, sets entry to practice requirements that nurses and practical nurses must meet to become registered in Ontario. CNO's mission is to regulate nursing to protect the public interest. Among CNO's entry to practice requirements are provisions specifically intended to enhance public safety. These provisions require that applicants for registration in Ontario:

- a) have not been found guilty of a criminal offence or an offence under the Narcotic Control Act (Canada) and the Foods and Drug Act (Canada);
- b) not have been the subject of a finding of professional misconduct, incompetence or incapacity, whether in Ontario or in another jurisdiction and whether in relation to the nursing profession or another health profession;
- c) not currently be the subject of proceedings for professional misconduct, incompetence or incapacity, whether in Ontario or in another jurisdiction and whether in relation to the nursing profession or another health profession;

d) not be suffering from a physical or mental condition that makes it desirable to the public interest that he or she not practice.

An applicant for registration who does not meet one or more of these requirements must inform CNO and provide details about the incident or situation. The applicant will not be necessarily refused registration because CNO's Registration Committee will review information about the incident or situation to determine if an exemption from the requirement(s) will be granted. An applicant for registration who does not inform CNO, may have the application for registration cancelled, or any certification of registration which may have been issued revoked.

Applicants who apply for registration with CNO on, or after, January 1, 2005 require a Canadian Police Information Centre (CPIC) Criminal Record Synopsis as part of the registration process. The CPIC check provides evidence that an applicant has met the requirements of registration related to good character and suitability to practice.

For more information see <<http://www.cno.org/en/become-a-nurse/registration-requirements/>>

If you have any questions about these registration requirements, please contact CNO at (416) 928-0900, or 1-800-387-5526, ext. 6249.

You are encouraged to become a member of the professional organization, the Registered Practical Nurses Association of Ontario.

### **The Program Progression:**

Fall Intake - Barrie, Owen Sound

Sem 1	Sem 2	Sem 3	Sem 4	Sem 5
Fall 2017	Winter 2018	Fall 2018	Winter 2019	Summer 2019

Winter Intake - Barrie, Owen Sound

Sem 1	Sem 2	Sem 3	Sem 4	Sem 5
Winter 2018	Summer 2018	Winter 2019	Summer 2019	Fall 2019

Winter Intake - Orangeville

Sem 1	Sem 2	Sem 3	Sem 4	Sem 5
Winter 2018	Summer 2018	Fall 2018	Winter 2019	Summer 2019

**Articulation:**

A number of articulation agreements have been negotiated with universities and other institutions across Canada, North America and internationally. These agreements are assessed, revised and updated on a regular basis. Please contact the program co-ordinator for specific details if you are interested in pursuing such an option. Additional information can be found on our website at <http://www.georgiancollege.ca/admissions/credit-transfer/>

**Admission Requirements:**

OSSD or equivalent with

- Grade 12 English (C or U)
- Grade 12 Mathematics (C or U)
- Grade 11 or 12 Biology (C or U)
- Grade 12 (C) or Grade 11 or 12 (U) Chemistry  
OR Grade 12 (C) or Grade 11 or 12 (U) Physics

Mature students, non-secondary school applicants (19 years or older), and home school applicants may also be considered for admission. Eligibility may be met by applicants who have taken equivalent courses, upgrading, completed their GED, and equivalency testing. For complete details refer to: [www.georgiancollege.ca/admissions/policies-procedures/](http://www.georgiancollege.ca/admissions/policies-procedures/)

Applicants who have taken courses from a recognized and accredited post-secondary institution and/or have relevant life/learning experience may also be considered for admission; refer to the Credit Transfer Centre website for details: [www.georgiancollege.ca/admissions/credit-transfer/](http://www.georgiancollege.ca/admissions/credit-transfer/)

**Selection Process:**

Applicants will be assessed and ranked based on academic grades. A minimum grade of 75% in each pre-requisite subject is recommended.

**Criminal Reference/Vulnerable Sector Check:**

Placement agencies require an up-to-date clear criminal reference check and vulnerable sector check prior to going out on placement. Students should obtain their criminal reference three months prior to placement; checks conducted earlier may not be considered current. As some jurisdictions require longer lead-time for processing, please check with the program coordinator to ensure you allow for sufficient turn-around time. It is the students responsibility to provide the completed document prior to placement start.

NOTE: Individuals who have been charged or convicted criminally and not pardoned will be prohibited from proceeding to a clinical or placement.

**Additional Information:**

It is required that students have Level HCP CPR and Standard First Aid prior to commencing the program (On-line courses are not acceptable). It is the student's responsibility to renew their Level HCP CPR certification annually while in the Program. Students are asked to submit a copy of their current Level HCP CPR and Standard First Aid certificate to the program coordinator during the first week of classes.

Applicants must have up-to-date immunization records (Clinical Preparedness Permit) in compliance with the Public Hospitals Act. Completion and submission of this record is required during the first week of classes in order to ensure your placement in clinical and field placement facilities.

Applicants are encouraged to obtain volunteer or work experience in a health or human service field to assist them in making a career choice.

To be eligible for all practicum placements, students must also have a completed Clinical Preparedness Permit and a record of mask fit test, renewed every two years (will be done at the College in Semester One).

**Re-application to Program**

Suspended students must reapply for re-entry to this program and will be considered based on eligible space and likelihood of success. Please refer to the Georgian College Calendar for the Academic Policies and Procedures.

**Graduation Requirements:**

- 24 Mandatory Courses
- 2 Communications Courses
- 3 General Education Courses

**Graduation Eligibility:**

To graduate from this program, the passing weighted average for promotion through each semester, from year to year, and to graduate is 60%. Additionally, a student must attain a minimum of 50% or a letter grade of P (Pass) or S (Satisfactory) in each course in each semester unless otherwise stated on the course outline.

**Mandatory Courses**

BIOL1001 Anatomy and Physiology - Introductory Concepts

BIOL1002 Anatomy and Physiology: Advanced Concepts  
 NRS1004 Health and Healing  
 NRS1005 Development of Self as Nurse  
 NRS1006 Health and Healing: Life Transition  
 NRS1013 Math for Meds  
 NRS1014 Math/Pharmacology  
 NRS1015 Nursing Professional Practice: Life Transition Agency Experience  
 NRS1019 Nursing Professional Practice: Life Transition Community  
 NRS1022 Nursing Professional Practice: Advanced Healing Arts  
 NRS1023 Nursing Professional Practice: Community Experience  
 NRS1024 Nursing Professional Practice: Agency Experience  
 NRS1025 Nursing Professional Practice: Fundamental Healing Arts  
 NRS2000 Development of the Professional Self  
 NRS2001 P.N. Health and Healing: Medical-Surgical Theory  
 NRS2002 Processes of Human Disease: Introductory Concepts  
 NRS2003 Health Assessment  
 NRS2004 P.N. Professional Practice: Medical-Surgical Clinical  
 NRS2005 PN Professional Practice: Mental Health and Maternal Child Clinical  
 NRS2006 Development of Nurse Within the Profession  
 NRS2007 PN Health and Healing: Mental Health and Maternal Child Theory  
 NRS2008 Processes of Human Disease: Advanced Concepts  
 NRS2009 Nursing in the Community  
 NRS2010 Practical Nursing Praxis

#### Communications Courses

To be selected at time of registration from the College list, as determined by testing.

#### General Education Courses

To be selected from College list

#### Course Descriptions:

BIOL1001 Anatomy and Physiology - Introductory Concepts 42.0 Hours

This course is the study of normal anatomy and physiology beginning with an orientation to the body and continuing through the cell, and four of the major systems: the integumentary system, the musculoskeletal system, the nervous system and the endocrine system. An introduction to microbiology is included. Three unifying themes, the interrelationships of body organ systems, homeostasis, and the complementarities of structure and function, will provide the basis of understanding the workings of the human body.

BIOL1002 Anatomy and Physiology: Advanced Concepts 42.0 Hours

This course is the study of normal anatomy and physiology of the human body. It is a study of the following major body systems: circulatory system, lymphatic system, respiratory system, urinary system and reproductive system. Three unifying themes, the interrelationships of body organ systems, homeostasis, and the complementarities of structure and function, will provide the basis of understanding the workings of the human body.

P- BIOL1001 Anatomy and Physiology - Introductory Concepts

NRSG1004 Health and Healing 42.0 Hours

Students will explore aspects of health and healing in the context of diversity, values, lifestyle choices and environment. The focus will be on the maintenance and promotion of health and healing for self and others.

Co-NRSG1023 Nursing Professional Practice: Community Experience

NRSG1005 Development of Self as Nurse 42.0 Hours

This course is an introduction to nursing as a culture of caring. Beginning with a focus on self in comparison to others, students explore the meaning of lived caring experiences. Students will explore ways of nursing as caring beings and then within the role of the nurse. Throughout the course students will develop knowledge and skills related to information literacy, Human Science theories, and the professional, legal and ethical dimensions of nursing.

NRSG1006 Health and Healing: Life Transition 42.0 Hours

This course will provide the student with the opportunity to explore various health challenges in populations experiencing life transitions. The emphasis is on gerontology and the life transitions associated with the aging process.

(P- NRSG1004 Health and Healing or P- NURS1541 Health and Healing: Wellness Across the Lifespan) and (P- NRSG1023 Nursing Professional Practice: Community Experience or P- NRSG1016 Nursing Professional Practice: Community Experience) and (P- NRSG1024 Nursing Professional Practice: Agency Experience or P- NRSG1018 Nursing Professional Practice: Agency)

NRSG1013 Math for Meds 28.0 Hours

This course will provide students with the mathematical skills and practice necessary in preparation to perform drug calculations. Opportunities will be provided to use mathematical concepts in the context of estimation and problem solving.

NRSG1014 Math/Pharmacology 42.0 Hours

This course will provide the student with the opportunity to develop the calculation skills necessary for the safe administration of medications and to explore the concepts of pharmacology. There will be special emphasis on the role of the nurse in the administration of medications. Interactions of drugs, psycho social aspects of drug use, legal control over drugs, health teaching and pharmacotherapeutics will be presented in a variety of learning activities.

P- BIOL1002 Anatomy and Physiology: Advanced Concepts and P- NRS1013 Math for Meds and P- NRS1022 Nursing Professional Practice: Advanced Healing Arts

NRS1015 Nursing Professional Practice: Life Transition Agency Experience 84.0 Hours  
The student will interact with individuals and families experiencing life transitions and health challenges in nursing practice settings. The student will apply the theories and concepts examined and explored in the concurrent courses to the clinical setting.

(P- NRS1023 Nursing Professional Practice: Community Experience or P- NRS1016 Nursing Professional Practice: Community Experience) and (P- NRS1024 Nursing Professional Practice: Agency Experience or P- NRS1018 Nursing Professional Practice: Agency or P- PSW1033 PSW Professional Practice 1 Long Term Care) and (P- NRS1025 Nursing Professional Practice: Fundamental Healing Arts or P- NRS1021 Nursing Professional Practice: Fundamental Healing Arts) and C- BIOL1002 Anatomy and Physiology: Advanced Concepts and C- NRS1006 Health and Healing: Life Transition and C- NRS1019 Nursing Professional Practice: Life Transition Community and C- NRS1022 Nursing Professional Practice: Advanced Healing Arts and C- NRS2003 Health Assessment

NRS1019 Nursing Professional Practice: Life Transition Community 42.0 Hours  
This course provides the student with an opportunity to explore the lived experience and health needs of older adults in the community. Students will learn and apply communication, documentation, and professional standards of practice. An introduction to formal and informal leadership roles will be explored. Students will develop a portfolio using the interactive review process which addresses professional quality assurance/self-regulation components.

P- BIOL1001 Anatomy and Physiology - Introductory Concepts and (P- NRS1024 Nursing Professional Practice: Agency Experience or P- NRS1018 Nursing Professional Practice: Agency or P- PSW1033 PSW Professional Practice 1 Long Term Care) and (P- NRS1025 Nursing Professional Practice: Fundamental Healing Arts or P- NRS1021 Nursing Professional Practice: Fundamental Healing Arts) and C- BIOL1002 Anatomy and Physiology: Advanced Concepts and C- NRS2003 Health Assessment, Co-NRS1015 Nursing Professional Practice: Life Transition Agency Experience

NRS1022 Nursing Professional Practice: Advanced Healing Arts 84.0 Hours  
This course explores the theory and practice of advanced nursing skills while developing medical terminology. The theoretical principles related to advanced nursing skills will be examined. Students will observe a demonstration and practice advanced nursing skills in a simulated nursing environment using skill critique to ensure safe practice.

P- BIOL1001 Anatomy and Physiology - Introductory Concepts and (P- NRS1024 Nursing Professional Practice: Agency Experience or P- NRS1018 Nursing Professional Practice: Agency or P- PSW1033 PSW Professional Practice 1 Long Term Care) and (P- NRS1025 Nursing Professional Practice: Fundamental Healing Arts or P- NRS1021 Nursing Professional Practice: Fundamental Healing Arts) and C- BIOL1002 Anatomy and



Physiology: Advanced Concepts and C- NRS1013 Math for Meds and C- NRS2003 Health Assessment

NRS1023 Nursing Professional Practice: Community Experience 28.0 Hours

This course gives the student the opportunity to explore the lived experience of individuals, families, groups and communities. Growth and development and basic health teaching principles will be examined along with an introduction to reflective practice.

NRS1024 Nursing Professional Practice: Agency Experience 42.0 Hours

This course gives the student the opportunity to apply theoretical concepts to maintain and promote health and healing with individuals in nursing practice settings. The students will learn and practice the caring concepts including: competency, connectedness, health and health promotion, critical thinking and professionalism.

C- BIOL1001 Anatomy and Physiology - Introductory Concepts and C- NRS1004 Health and Healing and C- NRS1023 Nursing Professional Practice: Community Experience and C- NRS1025 Nursing Professional Practice: Fundamental Healing Arts

NRS1025 Nursing Professional Practice: Fundamental Healing Arts 98.0 Hours

This course explores the theory and practice of fundamental nursing skills while developing medical terminology. The theoretical principles related to fundamental nursing skills will be explored. Students will observe and practice nursing skills in a simulated practice environment using skill critique to ensure safe practice.

NRS2000 Development of the Professional Self 42.0 Hours

Students further develop an understanding of professional issues related to nursing. Evidence-based practice, the role of the nurse in the healthcare system, advocacy and ethics, civic engagement, diversity and intraprofessional and interprofessional relationships within the nursing role will be explored. Students continue to refine their understanding of the Standards of Practice, jurisprudence and the role of professional nursing organizations.

P- NRS1005 Development of Self as Nurse

NRS2001 P.N. Health and Healing: Medical-Surgical Theory 42.0 Hours

This course focuses on common health challenges faced by individuals experiencing complex variations in health. The meaning of health and illness is explored from both a client and family perspective. Current nursing care activities, medical treatments and diagnostic tests are examined and considered for a variety of diagnoses. Integrative knowledge will help students develop the critical thinking and problem solving necessary to enhance nursing care for a range of clients within a variety of settings.

P- NRS1006 Health and Healing: Life Transition and P- NRS1014 Math/Pharmacology and P- NRS1015 Nursing Professional Practice: Life Transition Agency Experience and P- NRS2002 Processes of Human Disease: Introductory Concepts and P- NRS2003 Health Assessment and C- NRS2004 P.N. Professional Practice: Medical-Surgical Clinical

#### NRSG2002 Processes of Human Disease: Introductory Concepts 42.0 Hours

This course will be an introduction to human disease and will focus on the fundamental principles of homeostatic mechanisms. The student will explore how alterations in homeostatic mechanisms will disrupt the human body. Overall mechanisms of disease will be studied by systems and have been categorized into concepts. These concepts will be examined for the effect that they produce on the structure and function of the body. Common diseases will be used to illustrate each concept.

P- BIOL1001 Anatomy and Physiology - Introductory Concepts and P- BIOL1002 Anatomy and Physiology: Advanced Concepts

#### NRSG2003 Health Assessment 70.0 Hours

Students will develop focused assessment skills related to the physical and psychosocial aspects of the individual. Students practice interviewing and history-taking skills as well as psychomotor skills such as inspection, percussion, palpation, and auscultation using relevant technology. The concepts of holistic nursing practice and transcultural considerations will be included.

(P- BIOL1001 Anatomy and Physiology - Introductory Concepts or P- NURS1531 Anatomy and Physiology 1) and (P- NRSG1024 Nursing Professional Practice: Agency Experience or P- NRSG1018 Nursing Professional Practice: Agency or P- PSWR1033 PSW Professional Practice 1 Long Term Care) and (P- NRSG1025 Nursing Professional Practice: Fundamental Healing Arts or P- NRSG1021 Nursing Professional Practice: Fundamental Healing Arts)

#### NRSG2004 P.N. Professional Practice: Medical-Surgical Clinical 168.0 Hours

This course provides the student with experiences in a variety of practice settings working with clients living with complex health challenges. Students will integrate knowledge from previous theory courses to critically think and problem solve through the client's unique care needs.

There is an opportunity to promote health and healing for clients and families both independently, and in consultation with other healthcare professionals.

P- NRSG1006 Health and Healing: Life Transition and P- NRSG1014 Math/Pharmacology and P- NRSG1015 Nursing Professional Practice: Life Transition Agency Experience and P- NRSG1022 Nursing Professional Practice: Advanced Healing Arts and P- NRSG2002 Processes of Human Disease: Introductory Concepts and P- NRSG2003 Health Assessment and C- NRSG2001 P.N. Health and Healing: Medical-Surgical Theory and C- NRSG2008 Processes of Human Disease: Advanced Concepts

#### NRSG2005 PN Professional Practice: Mental Health and Maternal Child Clinical 168.0 Hours

This course provides students with the opportunity to interact with clients and their families experiencing life transitions. These may include: mental health challenges, pregnancy and childbirth, pediatric and/or other life transitions. Students will work in a variety of practice settings integrating theoretical knowledge to develop and then

demonstrate a systematic approach to caring for the client's unique needs. There is an opportunity for students to promote health and healing practices independently and in consultation.

P- NRS1015 Nursing Professional Practice: Life Transition Agency Experience and P- NRS1022 Nursing Professional Practice: Advanced Healing Arts and P- NRS2003 Health Assessment and C- NRS1014 Math/Pharmacology and C- NRS2002 Processes of Human Disease: Introductory Concepts and C- NRS2007 PN Health and Healing: Mental Health and Maternal Child Theory

#### NRS2006 Development of Nurse Within the Profession 42.0 Hours

This course prepares practical nursing students for role transition and entry to practice. Students will demonstrate critical thinking and synthesize knowledge of entry-to-practice competencies. They will apply different ways of knowing to explore professional, legal and ethical expectations for self-regulated professions.

P- NRS2000 Development of the Professional Self and C- NRS2001 P.N. Health and Healing: Medical-Surgical Theory

#### NRS2007 PN Health and Healing: Mental Health and Maternal Child Theory 42.0 Hours

Students learn about the common nursing practices and health challenges for individuals and families in mental health, obstetrics (including pregnancy and childbirth) and pediatric care. The course focuses on integrating knowledge and exploring healing practices in planning holistic nursing care for common health conditions experienced by individuals and their families.

P- NRS1006 Health and Healing: Life Transition and P- NRS1015 Nursing Professional Practice: Life Transition Agency Experience and P- NRS2003 Health Assessment and C- NRS1014 Math/Pharmacology and C- NRS2002 Processes of Human Disease: Introductory Concepts and C- NRS2005 PN Professional Practice: Mental Health and Maternal Child Clinical

#### NRS2008 Processes of Human Disease: Advanced Concepts 42.0 Hours

This course will build on the Processes of Human Disease: Introductory Concepts course. The student will continue to explore the concepts of pathology and the effect on the structure and functioning of the body. Overall mechanisms of disease have been categorized into concepts and these concepts will be examined for the effect that they produce on each of the body systems. Common diseases will be used to illustrate each concept.

C- NRS2002 Processes of Human Disease: Introductory Concepts

#### NRS2009 Nursing in the Community 42.0 Hours

This course focuses on general concepts of community health nursing including community-based nursing, primary health care, and public health nursing for clients, groups and communities. Students will examine the various roles, concepts and theories of community-based nursing practice.

P- NRS1006 Health and Healing: Life Transition or P- NRS1015 Nursing Professional Practice: Life Transition Agency Experience

NRS2010 Practical Nursing Praxis 450.0 Hours

This consolidation experience will take place in a nursing practice setting. The focus will be to consolidate previously learned nursing skills and knowledge and to function both independently and in collaboration with others when caring for individuals, families, groups and communities. Classroom time will include orientation activities and preparation for the College of Nurses registration exams. Upon completion of the consolidation period the student will be ready to graduate as a caring, competent practitioner.

P- NRS2001 P.N. Health and Healing: Medical-Surgical Theory and P- NRS2002 Processes of Human Disease: Introductory Concepts and P- NRS2004 P.N. Professional Practice: Medical-Surgical Clinical and P- NRS2005 PN Professional Practice: Mental Health and Maternal Child Clinical and P- NRS2006 Development of Nurse Within the Profession and P- NRS2007 PN Health and Healing: Mental Health and Maternal Child Theory and P- NRS2008 Processes of Human Disease: Advanced Concepts and P- NRS2009 Nursing in the Community

### **Course Description Legend**

P = Prerequisite; C = Concurrent prerequisite; CO= Corequisite

*Information contained in College documents respecting programs is correct at the time of publication. Academic content of programs and courses is revised on an ongoing basis to ensure relevance to changing educational objectives and employment market needs. The college reserves the right to add or delete programs, options, courses, timetables or campus locations subject to sufficient enrolment, and the availability of courses.*