

CHILD AND YOUTH CARE

Program Outline

Major:	CYCA CYAC (Fast Track)
Length:	3 Years 2 Years (CYAC)
Delivery:	6 Semesters
Credential:	Ontario College Advanced Diploma
Effective:	2016-2017
Location:	Orillia (CYAC), Orillia (CYCA)
Start:	Fall (Orillia (CYAC), Orillia (CYCA)), Winter (Orillia (CYCA))

Description

Learn to work with children and youth who exhibit social, emotional and behavioral problems that may be associated with mental health and cognitive issues, socioeconomic factors, trauma and abuse, and involvement with the justice system. Child and Youth Care practitioners engage with at-risk children, youth and their families as they navigate these challenges and build on strengths and capacities to facilitate positive changes. Students explore, practice, and implement a variety of evidence-informed therapeutic prevention and intervention strategies that are based on a foundational understanding of risk and resiliency, the ecological perspective, relational practice, human development, family systems, cultural diversity and exceptionalities. To enhance learner experience, we emphasize experiential interactive learning, community service and social entrepreneurship.

Career Opportunities

Child and Youth Care practitioners engage and work with children, youth and their families across a wide variety of settings including:

- public and private schools
- group homes
- residential centres

- foster care agencies
- day and residential treatment programs
- youth detention centres
- community-based child and youth development programs
- early intervention programs
- recreational programs
- psychiatric centres
- rehabilitation programs
- pediatric health care centres within hospitals
- home-based care, respite and treatment
- private practice

Program Learning Outcomes

The graduate has reliably demonstrated the ability to:

- develop and maintain relationships with children, youth and their families by applying principles of relational practice and respecting their unique life space, cultural and human diversity;
- assess and respond to the strengths and needs of children and youth, including complex responses impacted by developmental, environmental, physical, emotional, social and mental health challenges in order to promote positive change;
- analyze and evaluate the impact of the inter-relationship among children, youth and their families, social services, justice, and community systems and use this information to plan holistic care and to reduce systemic barriers;
- plan, implement and evaluate interventions using evidence-informed practices in the areas of therapeutic milieu and programming and group work to promote resiliency and to enhance development in children, youth and their families;
- advocate for the rights of children, youth and their families and maintain an anti-oppression perspective and cultural competence in diverse cultural contexts;
- apply communication, teamwork and organizational skills within the interprofessional team and with community partners to enhance the quality of service in child and youth care practice;
- develop and implement self-care strategies using self-inquiry and reflection processes to promote self-awareness and to enhance practice as a Child and Youth Care practitioner;
- use evidence-based research, professional development resources and supervision models to support professional growth and lifelong learning;
- employ environmental sustainable practices within the profession;
- develop social entrepreneur skills to foster positive social change in the community.

External Recognition:

Graduates may apply to become members of the Ontario Association of Child and Youth Care (OACYC) – visit www.oacyc.org, and the Ontario Association of Consultants, Counsellors, Psychometrists and Psychotherapists (OACCPP) – visit www.oaccpp.ca

The Program Progression:

Fall Intake - Orillia (CYCA)

Sem 1	Sem 2	Sem 3	Sem 4	Sem 5	Sem 6
Fall 2016	Winter 2017	Fall 2017	Winter 2018	Fall 2018	Winter 2019

Fall Intake - Orillia (CYAC)

Sem 3	Sem 4	Sem 5	Sem 6
Fall 2016	Winter 2017	Summer 2017	Fall 2017

Winter Intake - Orillia (CYCA)

Sem 1	Sem 2	Sem 3	Sem 4	Sem 5	Sem 6
Winter 2017	Summer 2017	Fall 2017	Winter 2018	Fall 2018	Winter 2019

Articulation:

A number of articulation agreements have been negotiated with universities and other institutions across Canada, North America and internationally. These agreements are assessed, revised and updated on a regular basis. Please contact the program co-ordinator for specific details if you are interested in pursuing such an option. Additional information can be found on our website at <http://www.georgiancollege.ca/admissions/credit-transfer/>

Admission Requirements:

OSSD or equivalent with
- Grade 12 English (C or U)

Applicants with previous postsecondary education such as a degree or diploma from an accredited university or college in the area of Human Services, Education, Interdisciplinary Studies, Social Sciences, Psychology or Sociology can apply to our accelerated delivery which can be completed in 16 consecutive months - studies begin in September, with graduation projected for December of the following academic year.

NOTE: Applicants applying to the accelerated program through OCAS use the major CYAC.

Mature students, non-secondary school applicants (19 years or older), and home school applicants may also be considered for admission. Eligibility may be met by applicants who have taken equivalent courses, upgrading, completed their GED, and equivalency testing. For complete details refer to: www.georgiancollege.ca/admissions/policies-procedures/

Applicants who have taken courses from a recognized and accredited post-secondary institution and/or have relevant life/learning experience may also be considered for admission; refer to the Credit Transfer Centre website for details: www.georgiancollege.ca/admissions/credit-transfer/

Criminal Reference/Vulnerable Sector Check:

Placement agencies require an up-to-date clear criminal reference check and vulnerable sector check prior to going out on placement. Students should obtain their criminal reference three months prior to placement; checks conducted earlier may not be considered current. As some jurisdictions require longer lead-time for processing, please check with the program coordinator to ensure you allow for sufficient turn-around time. It is the students responsibility to provide the completed document prior to placement start.

NOTE: A record of criminal offences, for which a pardon has not been granted, may prevent students from completing their placements, thereby affecting their ability to graduate.

Additional Information:

Applicants must have an up-to-date immunization record with a two-step TB test, Standard First Aid, CPR level C or HCP certification, and proof of completion of the Ontario Ministry of Labour Health and Safety Awareness training before proceeding on field placement. It is recommended that First Aid training is completed prior to program entry. Health & Safety Awareness training can be completed online at <http://www.labour.gov.on.ca/english/hs/elearn/worker/index.php>

Graduation Requirements:

- 27 Mandatory Courses
- 2 Communications Courses

- 4 Field Placements
- 5 General Education Courses

Graduation Eligibility:

To graduate from this program, the passing weighted average for promotion through each semester, from year to year, and to graduate is 60%. Additionally, a student must attain a minimum of 50% or a letter grade of P (Pass) or S (Satisfactory) in each course in each semester unless otherwise stated on the course outline.

Mandatory Courses

- CYWK1001 Child Development
- CYWK1005 Adolescent Development
- CYWK1007 Introduction to Child and Youth Care
- CYWK1009 Therapeutic Programming and Activities
- CYWK1014 Interactive Lab 1 – Relational Practice
- CYWK2001 Ethics and Professionalism in CYC
- CYWK2002 Social Welfare, Community and Social Services
- CYWK2003 Case Management
- CYWK2004 Diversity and Multiculturalism
- CYWK2006 Family Systems and Interventions
- CYWK2009 Sex, Drugs, and Youth Culture
- CYWK2010 Mental Health Issues and Interventions
- CYWK2020 Field Placement Seminar 1
- CYWK2021 Group Facilitation Theory and Techniques
- CYWK2022 Crisis Intervention in CYC
- CYWK2023 Field Placement Seminar 2
- CYWK3011 Mental Health and Medications in CYC
- CYWK3017 Field Placement Seminar 3
- CYWK3018 Preparing for Your Career
- CYWK3023 Advocacy in CYC
- CYWK3024 Trauma and Abuse
- CYWK3025 Holistic Health and Wellness
- CYWK3027 Behaviour Interventions
- ENTR1004 Introduction to Social Entrepreneurship
- HUMN1007 Information Ecosystems for Human Services
- HUMN1008 Success in Human Services and Beyond
- HUMN2004 Interpersonal Skills

Communications Courses

To be selected at time of registration from the College list, as determined by testing.

Field Placements

CYWK2012 Field Placement 1 - Education/Community
CYWK2015 Field Placement 2 - Education/Community
CYWK3012 Field Placement 3 - Agency/Community
CYWK3026 Field Placement 4 – Agency/Community

General Education Courses

To be selected from College list

Course Descriptions:

CYWK1001 Child Development 42.0 Hours

Students apply theories of growth and development to Child and Youth Care practice and consider factors that contribute to environmental strengths and challenges in children from birth to ten years. Students examine developmental milestones, identification, and description of behavioural indicators of disorders. Issues that relate to biological, psychological and sociological risks are introduced such as, substance abuse, neglect, abuse, pregnancy, family disruptions and trauma.

CYWK1005 Adolescent Development 42.0 Hours

Students gain theoretical knowledge of developmental principles during the adolescent years from ages 11-21. Unique and complex characteristics specific to adolescent social and emotional behaviour are discussed in relation to biological, psychological, sociological and environmental strengths and challenges. Issues such as the media, substance use and abuse and family disruption are examined. As well, students explore means of helping adolescents develop effective, prosocial coping strategies.

CYWK1007 Introduction to Child and Youth Care 42.0 Hours

Students explore the field of Child and Youth Care and the complex challenges facing children, youth and families. Students explore core concepts that are threaded through the program that include risk and resilience, the ecological perspective, and relational practice. The role of the Child and Youth Care practitioner in various settings including schools, residential and community based programs is considered.

CYWK1009 Therapeutic Programming and Activities 42.0 Hours

Students learn to understand and implement evidence-informed practices to plan, implement and evaluate therapeutic activities and programs. Emphasis is placed on relational practice and fostering a therapeutic milieu. By teaching life skills and enhancing pro-social behaviour, students learn to foster resilience in children and youth who face a variety of challenges in various settings and contexts. School, residential and community based programming is examined.

CYWK1014 Interactive Lab 1 – Relational Practice 42.0 Hours

Using interactive labs, students explore the theory, skills and qualities embedded in a therapeutic relationship. Relational practice and the values forming the foundation of client-centred, strengths-based support, such as respect, genuineness, empathy and empowerment, are emphasized through theory and role-play. In this course, students practice basic counselling skills and use reflective tools and feedback to learn from and gain insight to simulated interactions with clients.

CYWK2001 Ethics and Professionalism in CYC 42.0 Hours

Students explore self-awareness through discovery and analysis of personal values, beliefs, biases and ethical principles. The ecological perspective is incorporated and emphasizes the Child and Youth Care practitioner's connection to self, community and the larger society. Topics covered include setting and maintaining boundaries and understanding transference/counter-transference. Professional practices are examined in regards to cultural, ethical, legal, environmental and gender issues that relate to the Child and Youth Care field.

CYWK2002 Social Welfare, Community and Social Services 42.0 Hours

Students explore the macro issues of the structure and administration of community organizations, government supports, and social services that operate within Canadian society. From the ecological/systems theory perspective, students analyze various social systems including youth criminal justice, children's protection, social welfare education, and health systems.

CYWK2003 Case Management 42.0 Hours

Students examine the fundamentals of case management from a community based, client-focused perspective. Emphasis is placed on interagency relationships, collaboration, conflict resolution and increasing capacity in children, youth and families to seek out and make use of relevant services. Skills to identify and make referrals to appropriate resources to fulfill goals of the service plan are honed. Written and verbal communications skills, including professional writing and case documentation are practiced.

CYWK2004 Diversity and Multiculturalism 42.0 Hours

Students explore social issues facing children and youth from diverse families and minority groups with a concentration on Canada's First Nations, Métis and Inuit populations. Human rights violations, prejudice and discrimination are examined. Incorporating the ecological model, students consider the micro and macro issues affecting families on social, emotional and psychological levels. Students develop culturally sensitive strategies to support children, youth and families.

CYWK2006 Family Systems and Interventions 42.0 Hours

Students develop skills to maintain relationships with children, youth and their families by applying principles of relational practice and respecting their unique life space, cultural and human diversity. Students learn to work as members of inter-professional

teams to assess the impact of cultural, economic, physical, emotional, social, spiritual, and/or psycho-social contexts in which at-risk children, youth and their families live and function.

CYWK2009 Sex, Drugs, and Youth Culture 42.0 Hours

Students examine the sociology of youth culture and subcultures with emphasis on Canadian society as well as issues that affect young people, particularly at-risk children and teens within both urban and rural contexts. How individuals transition from childhood to adolescence and to young adulthood are examined in relationship to emerging behaviours including formation of identity, experimenting/using/abusing substances, sexuality and risky sexual behaviour and exposure to the youth justice system.

CYWK2010 Mental Health Issues and Interventions 42.0 Hours

In the context of child and youth care practice, using a biological, psychological and social perspective, students explore mental health and interventions. The students examine DSM disorders and psychological illnesses including, but not limited to, anxiety disorders, conduct disorder, attention-deficit/hyperactivity disorder, obsessive compulsive disorder, personality disorders, bi-polar disorders, eating disorders, addiction and fetal alcohol spectrum disorders. Students develop both formal (evidence-based) and informal (life-space) interventions to promote positive change and healthy development for their clients.

CYWK2012 Field Placement 1 - Education/Community 224.0 Hours

Placed in an education or community setting, students engage with children, youth and their families, building on their strengths and capacities to promote optimal development, pro-social behaviour and facilitate positive changes. The student supports children and/or youth who experience social, emotional, developmental or behavioural challenges. Student plan and implement field placement competencies.

P- CYWK1007 Introduction to Child and Youth Care and P- HUMN1008 Success in Human Services and Beyond and P- HUMN2004 Interpersonal Skills and P- AID3 First Aid - CYWK program and P- IMM3 Immunization - CYWK

CYWK2015 Field Placement 2 - Education/Community 224.0 Hours

Students are placed in an educational or community setting to experience relational practice, and to develop therapeutic programming skills. Students work independently, and as part of a team, to plan and implement a variety of competencies to promote child and youth care practice.

P- CYWK1007 Introduction to Child and Youth Care and P- HUMN1008 Success in Human Services and Beyond and P- HUMN2004 Interpersonal Skills and P- AID3 First Aid - CYWK program and P- IMM3 Immunization - CYWK

CYWK2020 Field Placement Seminar 1 42.0 Hours

Students are introduced to the role of a Child and Youth Care practitioner in an educational or community setting. Policies, procedures and professional behaviours are discussed and students explore case-studies and scenarios for insight and feedback on how to deal with issues which may occur on placement. Appropriate therapeutic interventions and activities for working with at-risk children and youth in the education system and/or community settings are emphasized and practiced.

CYWK2021 Group Facilitation Theory and Techniques 42.0 Hours

This course combines group theories and practical techniques to support groups of at-risk children and youth within a variety of child and youth care contexts. Utilizing interactive labs, role playing, case studies and simulations, students practice group facilitation. Through self-reflection and utilizing peer and faculty feedback, the student examines the impact of interpersonal communication skills and intervention techniques to identify styles and strategies that contribute to effective group facilitation.

CYWK2022 Crisis Intervention in CYC 42.0 Hours

Students learn and practice safe interventions within situations that involve interpersonal conflict and/or crisis. Students learn to recognize escalating behaviours, and practice strategies to respond safely, positively and proactively. In individual and group simulations, students practice effective communication, de-escalation and personal safety techniques that are essential to safely manage anxious, disruptive and aggressive behaviours. Students learn about suicide prevention and intervention.

CYWK2023 Field Placement Seminar 2 42.0 Hours

Students engage in critical discussion and coaching to explore issues, strategies, and interventions used with children and youth in a school or community environment. With guidance from faculty and peers, students examine potential placement scenarios and participate in role plays to help develop the skills required to work in educational or community settings.

CYWK3011 Mental Health and Medications in CYC 42.0 Hours

Students learn the history of pharmacological treatment for at-risk children and youth, and identify commonly prescribed psychopharmacological medications. Students gain knowledge of basic medication preparation and administration, with an emphasis on supervision of self-administration, to assist with the administration and documentation of medication under supervision and in accordance with prescribed directions and agency policies. Students learn to identify drugs used for recreational use/misuse and their behavioural manifestations in children and youth.

CYWK3012 Field Placement 3 - Agency/Community 224.0 Hours

Students are placed in an agency, residential or unique community setting. Students have direct contact with children, or provide services for children or youth, who may demonstrate social, emotional or behavioural challenges. Students plan competencies

that assist them in the mastery of theoretical, programming, interpersonal and counselling skills.

P- CYWK1007 Introduction to Child and Youth Care and P- HUMN1008 Success in Human Services and Beyond and P- HUMN2004 Interpersonal Skills and P- AID3 First Aid - CYWK program and P- IMM3 Immunization - CYWK and P- CRIS Crisis Intervention CertificateP- , CYWK1002 The Art of Counselling Children and Youth

CYWK3017 Field Placement Seminar 3 42.0 Hours

Students engage in discussion and coaching to explore issues, strategies, and interventions to be used with children and youth in agency or community environments. With guidance from faculty and peers, students examine scenarios from placement and participate in role plays to help develop the skills required in their placement settings.

CYWK3018 Preparing for Your Career 42.0 Hours

To prepare for their career, students receive coaching and feedback to enhance employability skills. Students analyze labour and regulatory legislation in Child and Youth Care practice. Students participate in mock interviews and are guided through resume and portfolio development, explore networking opportunities, and receive career counselling and planning. With guidance from faculty and peers, students examine scenarios from placement and participate in role plays to help develop the skills required in agency or community settings.

CYWK3023 Advocacy in CYC 42.0 Hours

Students examine the principles and values of advocacy in relation to child and youth care practice. Through a process of exploring empowerment, anti-oppressive, and culturally competent practice, students learn to promote the voices of children, youth and families. Particular emphasis is placed upon influencing changes in government, institutions and service provider agencies to encourage client self-determination and self-advocacy.

CYWK3024 Trauma and Abuse 42.0 Hours

Students analyze the broad developmental impact of physical, psychological, emotional, and environmental trauma. Students learn to recognize the signs of trauma as related to sexual abuse, war, domestic violence and bullying. Students identify strengths in children, youth and their families to enable them to foster resilience. Evidence-informed practice for interventions and support are explored and students practice and demonstrate advanced skills of empathy and crisis diffusion within a therapeutic and ecological, strengths-based framework.

CYWK3025 Holistic Health and Wellness 42.0 Hours

Students focus on self-assessment, self-awareness and use of self in professional practice. Students learn how to establish realistic and attainable professional and personal goals while creating balance in their lives. Recognizing vicarious trauma and compassion fatigue is also explored. Ethical dilemmas, transference,

countertransference, boundaries and professionalism are discussed. Through role-play, course participants learn and demonstrate practical skills of self-care, problem solving and use of supervision.

CYWK3026 Field Placement 4 – Agency/Community 224.0 Hours

Students are placed in an agency, residential or unique community setting. Students have direct contact with children or provide services for children or youth who have social, emotional or behavioural challenges. Students plan advanced competencies that assist them in the mastery of theoretical, programming, interpersonal and counselling skills.

P- CYWK1007 Introduction to Child and Youth Care and P- HUMN1008 Success in Human Services and Beyond and P- HUMN2004 Interpersonal Skills and P- AID3 First Aid - CYWK program and P- IMM3 Immunization - CYWK and P- CRIS Crisis Intervention Certificat

CYWK3027 Behaviour Interventions 42.0 Hours

Students learn to facilitate mental health wellness in children, youth and their families by applying evidence-informed and strength-based behavioural interventions. Utilizing fieldwork experiences, the students identify and refine responses to behavioural case scenarios. Students focus on child and youth assessment, treatment and intervention, and the child and youth practitioner as part of a multidisciplinary team.

ENTR1004 Introduction to Social Entrepreneurship 42.0 Hours

Students identify social issues and develop innovative strategies and solutions aimed at building sustainable communities. Students are exposed to the "hybrid space" between the commercial and the social economy, and examine a range of enterprises from revenue generating non-profits to innovative businesses built to achieve public benefit. The challenges unique to the social enterprise are examined, including management and governance structures, triple-bottom line performance measurement, and financing.

HUMN1007 Information Ecosystems for Human Services 42.0 Hours

Students are introduced to the practices that support evidence-informed services in the field. Students explore today's rapidly changing information ecosystem including a variety of sources of information ranging from scholarly literature to popular media and social networks. By learning creative inquiry, strong searching, evaluative skills and critical reflection, students learn to use and create information to support personal and professional growth and community change.

HUMN1008 Success in Human Services and Beyond 42.0 Hours

Students cultivate self-awareness and explore the diverse and dynamic field of human services. Students prepare for future field placement and volunteerism, and gain practical experience through community service learning. To nurture college and career success, students engage a variety of evidence-based learning strategies to prepare for success in college and beyond.

HUMN2004 Interpersonal Skills 42.0 Hours

Students investigate the fundamental elements of interpersonal communication and explore the effects of self-concept, perception, emotions and verbal and non-verbal behaviour on interpersonal dynamics in both personal and professional relationships. Self-reflection and understanding the impact of self on others and resolving conflict is explored. Building the skills of adjusting communication style to improve communication climates in helping relationships and interprofessional environments is emphasized.

Course Description Legend

P = Prerequisite; C = Concurrent prerequisite; CO= Corequisite

Information contained in College documents respecting programs is correct at the time of publication. Academic content of programs and courses is revised on an ongoing basis to ensure relevance to changing educational objectives and employment market needs. The college reserves the right to add or delete programs, options, courses, timetables or campus locations subject to sufficient enrolment, and the availability of courses.