

# ESTHETICIAN

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## Program Outline

<b>Major:</b>	ESTH
<b>Length:</b>	2 Years
<b>Delivery:</b>	4 Semesters
<b>Credential:</b>	Ontario College Diploma
<b>Effective:</b>	2013-2014
<b>Location:</b>	Barrie
<b>Start:</b>	Fall (Barrie), Winter (Barrie)

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### Description

This program prepares students with the knowledge, skills and professional competencies required for the Esthetics industry. Graduates of this program are able to provide advanced spa modalities such as; make-up and specialized skin, body and hand/foot treatments. In addition, business applications required to run a small business are emphasized. This program has been specifically designed with the intent to academically prepare the graduate for future international and provincial testing and recognition.

### Career Opportunities

An Esthetician has many opportunities for employment in the health and wellness industry. Graduates of this program may work in a variety of spas such as day and resort spas, destination and cruise ship spas, salons, health and wellness establishments, and casino spas. In addition, this program prepares graduates for employment in many other areas such as in product sales, distributing and retailing of esthetic products, product education, spa reception and management, contracting and consulting positions, pharmaceutical industries, and Dermatologists and Plastic Surgeons offices.

### Program Learning Outcomes

The graduate has reliably demonstrated the ability to:

- apply relevant knowledge of anatomy, physiology, and histology to the provision of specialized aesthetic treatments and services;

- be accountable for the knowledge and understanding of the greater scopes of the health/medical/holistic industry and be able to effectively communicate their effects to clients;
- perform a variety of specialized body and skin care treatments following correct procedures and precautions and supporting client needs (including and not limited to facials, manicures, pedicures, hair removal, and make up applications);
- use a range of specialized equipment and products, in compliance with established national, provincial, industry, and other related standards, regulations, policies, and procedures;
- adhere to health, safety, sanitation, and infection and prevention control guidelines, according to current legislation and national, provincial, municipal, and industry and environmental standards and regulations;
- identify business skills and activities required for the successful establishment and operation of a small esthetic business in a salon or spa environment;
- select and recommend the use of esthetic products and product ingredients to clients, taking into account health status and identified needs;
- establish and maintain professional relationships in adherence to standards and ethics associated with the profession;
- develop customer service strategies that meet and adapt to individual needs and expectations in accordance with professional standards and ethics;
- determine professional development strategies that lead to the enhancement of work performance and career opportunities and keep pace with industry and environmental changes.

### **The Program Progression:**

Fall Intake - Barrie

Sem 1		Sem 2		Sem 3		Sem 4
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Fall		Winter		Fall		Winter
2013		2014		2014		2015

Winter Intake - Barrie

Sem 1		Sem 2		Sem 3		Sem 4
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Winter		Summer		Fall		Winter
2014		2014		2014		2015

### **Admission Requirements:**

You must meet ONE of the following requirements to be eligible for admission to these programs:

Secondary school applicants:

- OSS curriculum: OSSD or equivalent, with Grade 12 English (C) or (U) (ENG4C, ENG4U)

Non-Secondary school applicants (19 years or older):

- Any credit Communication course taken at Georgian College
- College preparatory programs including those taken at Georgian College: Pre-health Sciences and General Arts and Science\*
- Equivalent courses in English taken through secondary school or Independent Learning Centres (at the general, advanced, college or university level)
- Academic and Career Entrance Certificate (ACE) program with communications
- Mature student testing in English that meets the minimum standards for admission (available through most testing services)\*
- Ontario High School Equivalency Certificate (GED)
- English, Literature or Communication credit courses from accredited colleges/universities

Home school applicants:

- Applicants can write the mature student testing in English that meets the minimum standards for admission (available through testing services)\*

\* available from Georgian College. For a complete listing please contact the Office of the Registrar.

Non-secondary school applicants who are 19 years of age or over by the first day of classes, and who lack the academic entrance qualifications, may be considered for entrance to an appropriate post-secondary diploma or certificate program as mature applicants. Mature applicants must meet all program specific prerequisites including all selection criteria; equivalencies are stated above. Applicants who are unsure whether they meet admission requirements should contact the Office of the Registrar. In addition, those applying as mature students and having no documentation of Grade 12 education must supply, if required, proof of age, such as a copy of an official birth certificate or driver's licence. Refer to Section 2.5 and 2.6 of the Academic Calendar for further details.

Credit transfer and course exemptions:

Applicants who have taken courses from a recognized and accredited post-secondary institution and/or have relevant life/learning experience may be eligible for credit transfer/course exemptions. Courses/experience must match at least 80% of the learning outcomes of a Georgian College course with a minimum grade of 60% or C achieved in previous coursework; some program exceptions apply (see program

outline). For further information please visit the Credit Transfer Centre website: [georgiancollege.ca/admissions/credit-transfer/](http://georgiancollege.ca/admissions/credit-transfer/)

**Additional Information:**

It is required that students have Level HCP CPR and Standard First Aid upon registration to the program (On-line courses are not acceptable). It is the student's responsibility to renew their Level HCP CPR certification annually while in the Program. Students are asked to submit a copy of their current Level HCP CPR and Standard First Aid certificate before classes begin.

Applicants must have an up-to-date immunization record in compliance with the Public Hospitals Act. Completion and submission of this record is required during registration in order to ensure your placement in clinical and field placement facilities.

A Hepatitis B vaccination is required for your own safety. It may be obtained at a reduced cost through the student insurance plan.

**Graduation Requirements:**

- 19 Mandatory Courses
- 2 Communications Courses
- 3 General Education Courses

**Graduation Eligibility:**

To graduate from this program, the passing weighted average for promotion through each semester, from year to year and to graduate is 60%. Additionally, a student must attain a minimum of 50% or a letter grade of P (Pass) or S (Satisfactory) in each course in each semester.

**Mandatory Courses**

- SPAE1000 Artificial Nail Technologies
- SPAE1001 Cosmetic Product Knowledge
- SPAE1002 Fundamentals of Esthetic Sciences
- SPAE1003 Fundamentals of Spa Treatments
- SPAE1004 Fundamentals of Spa Treatments Lab
- SPAE1005 Introduction To Esthetic Management
- SPAE1006 Principles of Esthetic Science
- SPAE1007 Spa Treatments Theory
- SPAE1008 Spa Treatments Practice
- SPAE1009 Spa Clinic

SPAE2000 Nutrition and Health  
SPAE2001 Advanced Esthetic Services  
SPAE2002 Advanced Esthetic Practices  
SPAE2003 Advanced Cosmetic Applications  
SPAE2004 Esthetic Clinic  
SPAE2005 Spa Operations Management  
SPAE2006 Holistic and Body Therapies  
SPAE2007 Skin and Body Applications  
SPAE2008 Advanced Esthetic Clinic

#### Communications Courses

To be selected at time of registration from the College list, as determined by testing.

#### General Education Courses

To be selected from College list

#### **Course Descriptions:**

SPAE1000 Artificial Nail Technologies 42.0 Hours

This course is a blend of theory and practice in a lab environment. Students will practice the essential skills necessary to become an Artificial Nail Technician including application, techniques, safety, product knowledge and the use of appropriate tools. Customer service, client record keeping, industry trends and good business practices will be discussed and examined.

P- SPAE1003 Fundamentals of Spa Treatments

SPAE1001 Cosmetic Product Knowledge 42.0 Hours

In this course students will learn basic concepts of product chemistry relating molecular structures to macroscopic properties and how they relate to formulations of cosmetic and skin care products. Focus will be placed on the purpose and action of advanced ingredients. Having an understanding of the composition of skin care products will enable the students to understand how these products react on the skin. Students will thus be able to recommend products for their clients.

SPAE1002 Fundamentals of Esthetic Sciences 42.0 Hours

In this course students are introduced to the functions of the human body in relation to esthetic treatments, building a foundation of essential knowledge in anatomy and physiology. Emphasis will be focused on the Integumentary system including the layers, functions and structure of the skin. Students will study the composition, locations and functions of the different organs comprising the systems of the body and how they directly affect the conditions of the skin.

#### SPAE1003 Fundamentals of Spa Treatments 42.0 Hours

In this course, students will learn the theoretical components of skin, hand, foot and nail anatomy relating to spa treatments. Skin characteristics will be studied in order to record a skin assessment. Microbiology will be stressed to enhance awareness of the different contaminants which cause diseases and disorders. Current methods of use, maintenance and decontamination for equipment and tools within the spa will also be emphasized.

C- SPAE1004 Fundamentals of Spa Treatments Lab

#### SPAE1004 Fundamentals of Spa Treatments Lab 84.0 Hours

In this course, students will practice the skills needed to perform a basic and advanced manicure and pedicure in a supervised lab setting. Students will practice proper set-up of workstation and client preparation. This practical component will enable students to recommend professional products and to utilize appropriate basic esthetic equipment. Further emphasis will be placed on proper disinfection, sterilization and sanitation of the spa environment while incorporating environmentally friendly practices.

C- SPAE1003 Fundamentals of Spa Treatments

#### SPAE1005 Introduction To Esthetic Management 42.0 Hours

This course emphasizes the importance of professional spa conduct and appropriate business practices in today's spa industry. Students will study verbal and non verbal spa communication between both staff and clients. The different spa venues and how they statistically affect the long and short term market trends will be analyzed. The study of professional esthetic business management will assist students in acquiring the confidence to make professional decisions.

#### SPAE1006 Principles of Esthetic Science 42.0 Hours

This course builds on the Fundamentals of Esthetic Science course in semester 1 with more detailed study of body systems. Students will study microscopic organisms and their relationship with disease. Emphasis will be placed on dermatology as students develop skills to recognize basic skin disorders that they may encounter. An in depth study of the different theories regarding the aging process of the skin will aid the student in determining the appropriate treatment protocols. Infection control and sanitation will also be stressed.

P- SPAE1002 Fundamentals of Esthetic Sciences

#### SPAE1007 Spa Treatments Theory 56.0 Hours

This course builds on the theoretical knowledge gained in Fundamentals of Spa Treatments. Students will study the theory of facial treatments including facial massage techniques and learn the theory required for hair removal and makeup application. The structure and function of the hair will also be examined. This course will enhance the techniques, skills and knowledge required for the application of spa services including electrical treatment modalities in a safe manner.

P- SPAE1003 Fundamentals of Spa Treatments and C- SPAE1008 Spa Treatments Practice

#### SPAE1008 Spa Treatments Practice 70.0 Hours

This course builds on skills introduced in the Spa Treatments Lab. Students will learn and practice components of facial treatments. The safe operation of electrical spa equipment will be emphasized. Massage techniques for face and décolleté will be practiced. Students will also learn and practice waxing methods for face and body, incorporating proper sanitation procedures and client safety. Students will integrate theoretical knowledge of face shapes and colour theory when practicing professional make-up applications.

P- SPAE1003 Fundamentals of Spa Treatments and P- SPAE1004 Fundamentals of Spa Treatments Lab and C- SPAE1007 Spa Treatments Theory

#### SPAE1009 Spa Clinic 84.0 Hours

Students will gain the experience necessary to provide esthetic treatments by practicing their technical skills on a variety of clients in the spa clinic. Students will have the opportunity to develop and demonstrate their skills in client consultations, skin assessments, customer service and retailing. They will perform daily spa operations and assist in managerial duties.

P- SPAE1004 Fundamentals of Spa Treatments Lab

#### SPAE2000 Nutrition and Health 42.0 Hours

The purpose of this course is to provide the students with the scientific foundation of nutrition and the role it plays on the skin, muscles and hair. Eating disorders, genetically modified foods, detoxification and food allergies will be explored and how they relate to one's general health. Students will also be introduced to the key elements that make up the Skin Care triad - nutrition, cleanliness and attitude - and how they work hand-in-hand.

#### SPAE2001 Advanced Esthetic Services 42.0 Hours

This course expands on the theoretical knowledge in Spa Treatments Theory. The students will study the safe use of specialized tools sophisticated electrical equipment, focusing on their benefits and contra-indications. With this knowledge, students will gain the confidence needed to successfully apply these procedures in the Esthetics industry. Emphasis will be placed on ethical issues with respect to clients and the treatment they will be receiving.

P- SPAE1007 Spa Treatments Theory and P- SPAE1008 Spa Treatments Practice, Co-SPAЕ2002 Advanced Esthetic Practices

#### SPAE2002 Advanced Esthetic Practices 56.0 Hours

In this course, students will practice advanced hand and foot treatments and advanced skin care in a safe and effective manner. Lab time will also include the use of advanced electrical equipment such as microdermabrasion. Through practice, students will confidently perform advanced facial treatments, using specialized products. Focus will

be placed on choosing the correct treatment for specific skin problems, while recommending appropriate client home care.

P- SPAE1007 Spa Treatments Theory and P- SPAE1008 Spa Treatments Practice and C- SPAE2001 Advanced Esthetic Services

#### SPAE2003 Advanced Cosmetic Applications 28.0 Hours

This hands-on course builds on the fundamentals of cosmetic applications learned in the first year. Here, students will practice more in depth corrective techniques, cosmetic layering and advanced make-up designs. This will enable students to understand the dynamics of make-up for photography, film and fashion runway. Students will develop techniques to perfect bridal, fashion, photography and evening gala applications.

P- SPAE1007 Spa Treatments Theory

#### SPAE2004 Esthetic Clinic 84.0 Hours

In a clinical setting, students will continue to build on their knowledge, practical experience and treatment modalities. Students will conduct more in depth assessments and customized spa services incorporating sophisticated electrical esthetic equipment for a variety of clientele. Students will have the opportunity to work in all aspects of the clinic perfecting the skills required for the smooth operation of a spa business.

P- SPAE1007 Spa Treatments Theory and P- SPAE1009 Spa Clinic

#### SPAE2005 Spa Operations Management 42.0 Hours

In this course students will study the ethics and legalities associated with spa business ownership and management. This course will focus on the planning, creating and marketing of a spa business. Students will study proper utilization of spa software data that is essential in preparing students to effectively and efficiently manage and develop a spa business.

P- SPAE1005 Introduction To Esthetic Management

#### SPAE2006 Holistic and Body Therapies 56.0 Hours

In the course, students will study holistic applications and spa body therapies. The different body systems that relate to body treatments will be explored along with contra-indications when creating personalized treatments. Concepts of hydrotherapy, thalassotherapy and lymphatic drainage will be covered, as well as equipment used in body treatments.

P- SPAE2001 Advanced Esthetic Services and P- SPAE2002 Advanced Esthetic Practices and C- SPAE2007 Skin and Body Applications

#### SPAE2007 Skin and Body Applications 84.0 Hours

In this course, students will practice the knowledge and skills acquired in the Holistic and Body Therapies course. Students will perform proper body assessments, prescribe treatments for specific client needs, and perform a variety of treatments utilizing relevant and appropriate equipment. Policies regarding client privacy and



confidentiality will be emphasized. This course will enable students to develop their confidence in performing treatments and dealing with clients.

P- SPAE2001 Advanced Esthetic Services and P- SPAE2002 Advanced Esthetic Practices and C- SPAE2006 Holistic and Body Therapies

SPAE2008 Advanced Esthetic Clinic 84.0 Hours

In this course, students will perfect their spa service techniques, customer service and assessment skills proficiently and efficiently with respect to precision and time management. Students will perform advanced spa modalities and build on their selling and promotional techniques. In addition, students are expected to work as part of a team, focusing on their leadership skills while simultaneously mentoring their colleagues.

P- SPAE2001 Advanced Esthetic Services and P- SPAE2004 Esthetic Clinic

### **Course Description Legend**

P = Prerequisite; C = Concurrent prerequisite; CO= Corequisite

*Information contained in College documents respecting programs is correct at the time of publication. Academic content of programs and courses is revised on an ongoing basis to ensure relevance to changing educational objectives and employment market needs. The college reserves the right to add or delete programs, options, courses, timetables or campus locations subject to sufficient enrolment, and the availability of courses.*